



The LBHA Connector

Your Gateway to Behavioral Health

March 2022 | Issue 5

The Anne Arundel County Local Behavioral Health Authority or LBHA is a partnership between the Anne Arundel County Department of Health and the Anne Arundel County Mental Health Agency, Inc.

WHO IS ELIGIBLE FOR A BOOSTER?

Marylanders ages 12-17 are eligible for the Pfizer booster only. Marylanders 18 and older may choose which vaccine they want for a booster, even if it is different from the original vaccine received.

What did you get?	When can you get a booster?	Who is eligible for a booster?
Pfizer	5 months after 2nd dose	12 years and older
Moderna	5 months after 2nd dose	18 years and older
Johnson & Johnson	2 months after single dose	18 years and older



Call 855-MDGOVAX or visit covidvax.maryland.gov to schedule your booster appointment.



Need a Vaccine?

Anyone 18 or older is now eligible to receive a booster dose of COVID vaccine.

[Vaccine Sign Up](#)

Network of Care's Provider Directory

Search for providers in your area by name, keyword or location.

[SEARCH NOW](#)

A Message From Our Directors

March is recognized as [Problem Gambling Awareness Month](#). This year's theme is "Awareness + Action."

It is a time for a state-wide effort to bring awareness to gambling disorders, which has been classified by the American Psychiatric Association as a behavioral addiction.

Awareness remains key to helping individuals recognize the need to take action and seek treatment for improved wellness.

March is also Social Work Month. According to the [National Association of Social Workers](#), "there are more clinically trained social workers providing mental health and behavioral health services than any other professional discipline in the nation".

The importance of our county's behavioral health professionals cannot be overestimated, and we would like to express our gratitude for all that they do. Their commitment to helping others benefits our entire community. We invite you join us in thanking them for their tireless work.

If you would like to reach out to the Anne Arundel County LBHA, call us at **410-222-2421/410-AAC-BHA1** or email aac-lbha-connect@aacounty.org

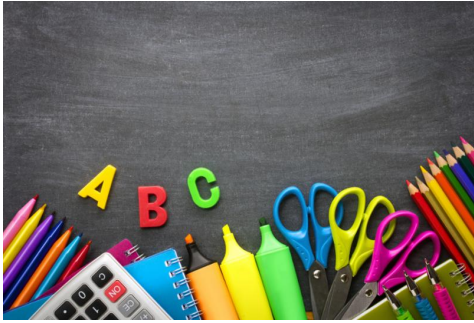
Anne Arundel County Co-Occurring Community of Practice Information Session

An information session about the Anne Arundel County Co-Occurring Community Practice will be held on Zoom on Tuesday, March 1st from 1:00 PM-2:00 PM ET.

This series will target clinicians interested in enhancing skills working with individuals with co-occurring mental health and substance use issues. Learn about this new initiative being offered in conjunction with the University of Maryland's Evidenced-Based Practice Center and take part in establishing the group's priority topics and needs, along with determining logistics (meeting dates, times, etc.).

[More Information](#)

Youth and Families



The Anne Arundel County Public Library and The American Foundation for Suicide Prevention will be hosting *It's Real: Teens and Mental Health* on Tuesday, March 8th from 6:00 PM-7:30 PM. This virtual event provides young people with mental health education and resources and raises awareness about mental health issues. Learn how to start a conversation about mental health, the importance of self-care, and how to reach out for help.

[Register Here](#)

March Events

For Providers

3/8 [BHA Child, Adolescent and Young Adult Services Conference](#)

3/23 [Regrounding Our Response: Engaging Reentry Populations Workshop](#)

3/25 [Best Practices in the Treatment of Gambling Disorder Webinar](#)

For the Community

3/14 [Workshop for Suicide Loss Survivors](#)

3/20 [March Equinox Stroll at Jug Bay Wetlands Sanctuary](#)

3/23 [Anne Arundel County Department of Aging and Disabilities Presents: The Mechanics of Caregiving](#)

3/25-3/27 [Maryland Day 2022](#)

[LBHA Event Calendar](#)

If you need help with substance use, the Treatment Referral Line can be reached Monday-Friday 8:00 AM-5:00 PM at 410-222-0117

If you are in crisis and in need of immediate help, our Crisis Warmline is open 24/7 and can be reached at 410-768-5522.

Dial 2-1-1 for 24/7 support from Maryland 211

The upcoming events are being shared with you for your interest only, it is not an endorsement of any kind by the LBHA.

Anne Arundel County Local
Behavioral Health Authority

