



MaHRTI LEADERSHIP SERIES

The MaHRTI Leadership series is a sequence of workshops geared towards personal and professional development of staff in any service capacity. Workshops focus on self-awareness, other awareness, and group dynamics that promote more effective service and delivery. Workshops directly impact staff balance between managing tasks and managing others.

Register HERE: [Maryland Harm Reduction Training Institute](https://www.mahrti.org)

Personality & Communication 3/18/22 10am-12pm

This workshop will dive into personality and distinguishing intentional and unintentional motivations for why we do what we do. We will take a brief personality assessment and discuss the results as to how we show up in relationships.

Conflict Transformation 4/8/22 10am-12pm

This fun and challenging workshop helps establish the platform for building and maintaining healthy relationships. Learn techniques that give people a chance to speak and be heard, understand each other in a transformative way, and support others in developing their own solutions to meet everyone's needs.

Team Building & Group Dynamics 4/29/22 10am-12pm

This challenging energizer is a step up on building healthy relationships by taking those skills to the next level in small groups. Focus will be to understand the process of working with others and utilizing conflict management skills.

Self Care: It Takes A Village 5/20/22 10am-12pm

Practicing self-care is important for promoting individual growth, but it also improves the way we interact and connect with others. Regularly engaging in self-care promotes healthier relationships with family members, partners, friends, co-workers, and is especially important for those in caregiving roles.

Contact sal.corbin@bhsbaltimore.org with any questions