



The LBHA Connector Your Gateway to Behavioral Health

June 2022 | Issue 7

The Anne Arundel County Local Behavioral Health Authority or LBHA is a partnership between the Anne Arundel County Department of Health and the Anne Arundel County Mental Health Agency, Inc.

Network of Care Provider's Directory

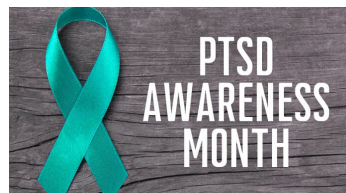


NEW FEATURES

Quickly translate the site to Spanish or Korean, Suicide Prevention and Support Resource Section, Toolkits from the Anne Arundel County Gun Violence Intervention Team (GVIT) and more!

Search for providers in Anne Arundel County by name, keyword, zip code or location.

SEARCH NOW



A Message From Our Directors

Summer is here, and we are looking forward to warmer weather and spending time with family and other loved ones.

Anne Arundel County Recreation and Parks has released their [Summer 2022 Guide](#), which includes details about activities for all ages including the Bayside Summer Series at Downs Park and the Great American Campout at South River Farm Park and Ft. Smallwood Park.

On June 19th, we will be celebrating [Juneteenth](#), which commemorates the day when African American slaves in Texas finally learned they had been freed when the Emancipation Proclamation was signed over two years earlier.

This year, Juneteenth formally became an Anne Arundel County holiday, and there will be a [parade and celebration](#) in Annapolis on Saturday, June 18th.

June is also [Pride Month](#), which began in recognition of the Stonewall Riots, which occurred on June 28th, 1969. The first Pride March occurred the following year, and now annual events are held to recognize the contributions of LGBTQ individuals toward justice and equal opportunity.

Events will be taking place [across the state](#) throughout the month including a [parade and festival in Annapolis](#) on Saturday, June 4th.

We also invite you to check out the website for the [University of Maryland School of Social Work's Center of Excellence on LGBTQ+ Behavioral Health Equity](#) for information about upcoming trainings and other helpful resources.

If you would like to reach out to the Anne Arundel County LBHA, call us at **410-222-2421/410-AAC-BHA1** or email aac-lbha-connect@aacounty.org

WHO IS ELIGIBLE FOR A BOOSTER?

Marylanders ages 12-17 are eligible for the Pfizer booster only. Marylanders 18 and older may choose which vaccine they want for a booster, even if it is different from the original vaccine received.

What did you get?	When can you get a booster?	Who is eligible for a booster?
Pfizer	5 months after 2nd dose	12 years and older
Moderna	5 months after 2nd dose	18 years and older
Johnson & Johnson	2 months after single dose	18 years and older



Call 855-MDGOVAX or visit covidvax.maryland.gov to schedule your booster appointment.



Need a Vaccine?

Anyone 18 or older is now eligible to receive a booster dose of COVID vaccine.

Vaccine Sign Up

New Maternal Mental Health National Hotline

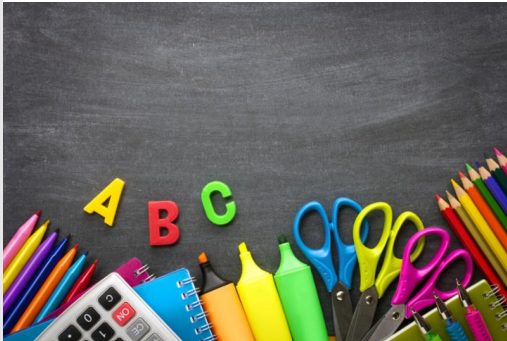
On May 8th (Mother's Day), the U.S. Health and Human Services Department's Health Resources and Services Administration (HRSA) launched a new free confidential hotline for expecting and new moms experiencing mental health challenges. The hotline is accessible by phone or text 24/7 at **1-833-9-HELP4MOMS (1-833-943-5746)**.

English and Spanish-speaking counselors will be available along with interpreter services for 60 languages. Callers will receive referrals to community-based providers, support groups, and other resources.

TTY Users can use a preferred relay service or dial **711 and then 1-833-943-5746**.

More information About The National Maternal Mental Health Hotline

Youth and Families



In 2018, following the Capital Gazette shootings, Dr. Victor Welzant of the International Critical Incident Stress Foundation ([ICISF](#)) graciously wrote an article for us.

Titled "Helping Children Cope With Violence", this provides tips for parents following traumatic events or disturbing media coverage. In light of recent events in Buffalo, NY and Uvalde, TX, we are republishing this article.

Helping Children Cope With Violence

June Events

For Providers

6/3 [UMD School of Social Work Webinar- Addicted to Likes: Social Media and Mental Health](#)

6/14-6/16 [NAMIcon 2022: Together for Mental Health](#)

6/17 [Maryland Conference on Problem Gambling: Navigating the Road Ahead- The Changing Landscape of Problem Gambling](#)

6/22-6/25 [NASW National Conference: The Time is Right for Social Work](#)

For the Community

6/2 [Gun Violence Intervention Team Community Meeting at Busch Annapolis Library](#)

6/4 [Downs Park Community/ Family Day](#)

6/4 [Annapolis Pride Parade and Festival](#)

6/9 or 6/15 [Mental Health Association of Maryland Webinar- Practical Tips for Talking to Your Healthcare Provider about Perinatal Mood & Anxiety Symptoms](#)

6/18 [Juneteenth Parade and Festival](#)

LBHA Event Calendar

If you need help with substance use, the Treatment Referral Line can be reached Monday-Friday 8:00 AM-5:00 PM at 410-222-0117

If you are in crisis and in need of immediate help, our Crisis Warmline is open 24/7 and can be reached at 410-768-5522.

Dial 2-1-1 then press 1 for 24/7 support from Maryland 211

Text "Home" to 741-741 for 24/7 support from the Crisis Text Line

The upcoming events are being shared with you for your interest only, it is not an endorsement of any kind by the LBHA.



Anne Arundel County Local Behavioral Health Authority | 1 Truman Parkway, Suite 101, Annapolis, MD 21401

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