



The LBHA Connector

Your Gateway to Behavioral Health

January 1, 2022 | Issue 3

The Anne Arundel County Local Behavioral Health Authority or LBHA is a partnership between the Anne Arundel County Department of Health and the Anne Arundel County Mental Health Agency, Inc.

WHO IS ELIGIBLE FOR A BOOSTER?

What did you get?	When can you get a booster?	Who is eligible for a booster?
Pfizer	6 months after 2nd dose	18 years and older
Moderna		
Johnson & Johnson	2 months after single dose	

Call 855-MDGOVAX or visit covidvax.maryland.gov to schedule your booster appointment.

Need a Vaccine?

Anyone 18 or older is now eligible to receive a booster dose of COVID vaccine.

[Vaccine Sign Up](#)

Network of Care's Provider Directory

Search for providers in your area by name, keyword or location.

[SEARCH NOW](#)

A Message From Our Directors

After the whirlwind of holiday activities, it is hard to believe that 2022 is here. Ringing in a New Year brings a sense of renewed hope for joyful days ahead. In that spirit, we ask that you join us in making part of your New Year's resolution a personal commitment to making choices for improved health.

Making better health choices is a realistic goal and one we encourage our community partners to support. Behavioral health services and supports that are accessible and effective help our community achieve these goals.

In particular, the health of our youth is something that many of us are increasingly focused on. Anne Arundel County Public Schools will be showing the film, "LIKE" on Monday, January 24th, 2022, at 7 p.m. This film addresses the relationship between social media and mental health. The screening will be followed by a pre-recorded panel discussion about the impact of social media on children and adolescents. More information on viewing the documentary will be found at www.aacps.org in early January.

We hope that our Anne Arundel County residents have and continue to find our services supportive in achieving improved health. We will continue to focus on making ourselves readily available to helping families maintain and regain wellness. In addition, we encourage all who have not yet received Covid-19 vaccinations or boosters to do so.

Wishing you and your family a happy and healthy New Year!

Youth & Families

The Maryland Behavioral Health Administration's Office of Suicide Prevention has released a **Youth Suicide Prevention Toolkit**.

The new toolkit is designed to be disseminated among adults who work with youth and offers extensive resources, guidance and fact sheets on a variety of topics

[View the Toolkit](#)

Upcoming Events

1/6 [Maryland Coalition of Families Novel Psychoactive Substances/Drug Additives Workshop](#)

1/6 [Department of Aging and Disabilities Caregiver Workshop-Can I Grieve if Nobody Died?](#)

1/25 [National Council for Wellbeing Introductory/Refresher Youth SBIRT Training](#)

1/27 [Anne Arundel County Public Libraries Resilience and Wellbeing for Adults Presentation](#)

If you need help with substance use, the Treatment Referral Line can be reached Monday-Friday 8:00 AM-5:00 PM at 410-222-0117

If you are in crisis and in need of immediate help, our Crisis Warmline is open 24/7 and can be reached at 410-768-5522.

The upcoming events are being shared with you for your interest only, it is not an endorsement of any kind by the LBHA.

