



# Co-Occurring Disorders: Self-care: the impact of treating Co-occurring disorders during a pandemic

July 30th, 2021 | Virtual

## DETAILS & LOGISTICS:

**Dates:** July 30th, 2021

**Time:** 9:00am—12:00pm EDT

**Where:** Virtual

**Cost:** Free

**Contact Hours:** 2.5 NAADAC

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## WHO SHOULD ATTEND:

All persons who interact with patients, which may include intake staff, reception area personnel, drivers, maintenance staff, as well as professional staff.

## PRESENTERS:

**Anthony Estreet, PhD,  
LCSW-C, LCADC,**

Executive Director, Next  
Step Treatment Center.

Anthony is an  
experienced

client-centered therapist coupled with  
strengths in developing and delivering  
effective training.



## COURSE DESCRIPTION:

The goal of this project is to provide a standardized set of trainings and supervisory supports to service providing organizations that will: 1. improve outcomes for patients who have co-occurring disorders, 2. Improve organizational outcomes, staff morale, and organizational efficiencies.

## LEARNING OBJECTIVES:

- Describe the vital importance of self-care of behavioral health professionals.
- Explore strategies to prioritize self-care especially during a pandemic.
- Understand how self care mitigates the inevitable impact of providing co-occurring disorder treatment.