



Day 30

Journal Prompt: What advice would you give your parents?

Activity 1:

Create the timeline of your life. Start with a line in the middle; make the line go up for positives and down for difficult times in your life that stand out to you. Draw pictures that represent each memory. See if your family will draw theirs and share them with you. You never know what you will learn-what may be insignificant for you may have been a major point in someone else's life.

Activity 2:

Invent a new game!
This could be a card game, board game or outdoor game. Be sure to write down how many players, rules, how to play and how to win!



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