



Day 22

Journal Prompt: If you could take a potion that would allow you to live for 150 without illness would you take it? Why or why not?



Activity 1:

Write your name with the letters going vertically down the page. For each letter write something you love about yourself or something someone has said about you that made you feel good. You can also make one for a family member to remind them how awesome they are!

Activity 2:

Gather your family and learn a dance routine! Make one up or find a video online for some inspiration!

