



Day 2

**Journal Prompt:** What is the most beautiful thing you have ever seen? What made it so beautiful?



**Activity 1:**

Get together with your family and say out loud 3 things that you love about yourself and 1 thing you love about another family member

**Activity 2:**

Grab some chalk and make an obstacle course on your sidewalk!  
(Examples: hop, walk backwards, do a dance, hopscotch, spin)



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