



Day 13

Journal Prompt: What is the hardest part about being a kid? What do you like about being a kid?



Activity 1:

Grab an empty tissue box and turn it on its side. Decorate the box with paper, paint, or anything else you find to make it look like a monster. Anytime you are worried about something, write it on a piece of paper and feed it to the worry monster to take your worry away!

Activity 2:

Make Rock Candy!
All you need is sugar, water and some string or skewers. Have an adult help you create this yummy treat!

<https://www.thespruceeats.com/rock-candy-521016>



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