



Day 1

Journal Prompt: What do you like about being home?
What is difficult about being home?



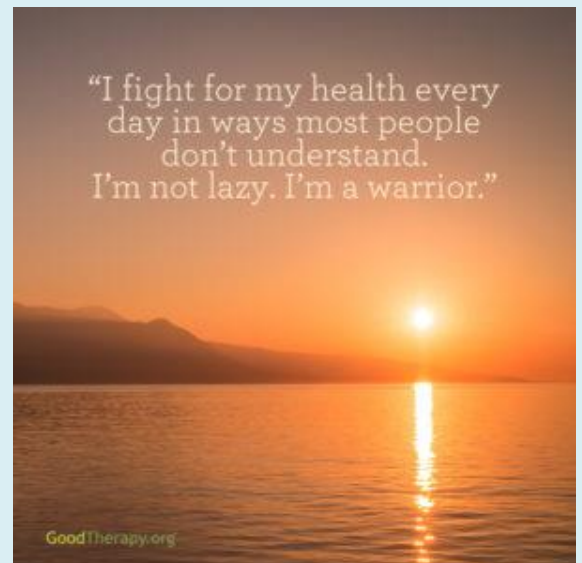
Activity 1:

Start a journal!

Sometimes it is hard to express how you are feeling. Journaling is a safe place to escape and relieve your stress and worries. Journal prompts will be posted daily!

Activity 2:

Do a scavenger hunt!
Come up with a list of things inside or outside to find. Don't make it too easy!
(Examples: Bird, Red Car, Purple Flower, Green Toothbrush, etc.)



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