



The LBHA Connector

Your Gateway to Behavioral Health

August 2022 | Issue 9

The Anne Arundel County Local Behavioral Health Authority or LBHA is a partnership between the Anne Arundel County Department of Health and the Anne Arundel County Mental Health Agency, Inc.

Network of Care Provider's Directory



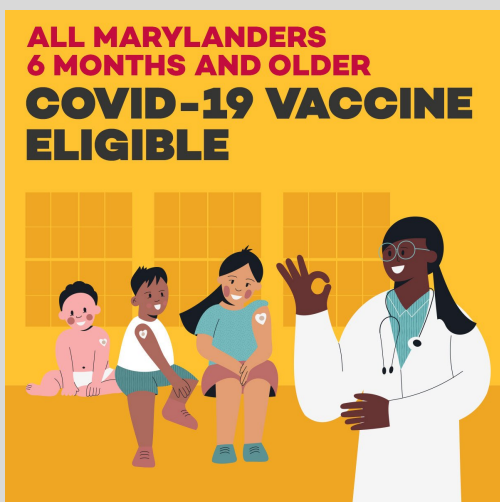
NEW FEATURES

Quickly translate the site to Spanish or Korean, Suicide Prevention and Support Resource Section, Toolkits from the Anne Arundel County Gun Violence Intervention Team (GVIT), and Provider Co-Occurring Disorders Training and Development Page.

Search for providers in Anne Arundel County by name, keyword, zip code or location.

SEARCH NOW

Need a Vaccine?



All Marylanders six months or older are now eligible for a COVID Vaccine

Vaccine Sign Up



A Message From Our Directors

International Overdose Awareness Day, designated to help end overdoses, remember those who have died, and recognize the grief of their loved ones, is observed on Wednesday, August 31st.

According to the CDC, there was a record high of more than **107,000 drug overdose deaths** in the United States in 2021, which roughly equals one death every five minutes. Over 70,000 of these deaths have been attributed to fentanyl or other synthetic opioids.

Overdose deaths have risen across all races, but rates have **increased disproportionately for Black and Native American populations.**

Recovery Anne Arundel will be holding a Candlelight Vigil from 6:00 PM-8:30 PM on August 31st at the Pip Moyer Recreation Center in Annapolis to honor lives lost to overdose in our county and to recognize our local first responders and healthcare workers.

August also brings summer to a close, with county public school students returning to the classroom at the end of the month. We are featuring events in this month's newsletter that can help parents and caregivers with this transition, along with other events in the county. We also welcome a new AACPS Superintendent, Dr. Mark Bedell.

If you would like to reach out to the Anne Arundel County LBHA, call us at **410-222-2421/410-AAC-BHA1** or email aac-lbha-connect@aacounty.org

Resilience for Parents and Caregivers

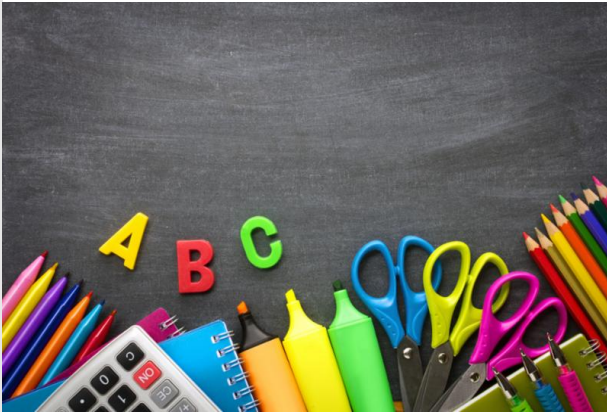
“Resilience for Parents and Caregivers” will be presented by Ann Hoyt and Stephanie Trice at the Brooklyn Park Library on Tuesday, August 16, 2022 from 11:30 AM-1:00 PM ET.

Both are employed with the Anne Arundel County Mental Health Agency as licensed Clinical Social Workers with combined experience of over 25 years. They will define “Resilience” and explore ways it is used in everyday life. They will discuss how stress affects our lives and how improving and using resilience skills can have a positive impact every day.

Attendees will be able to practice and model resilience to help care for themselves, their children, family, and friends.

Register for Resilience for Parents and Caregivers

Youth and Families



On Monday, August 15th, the [Community Foundation of Anne Arundel County](#) will be hosting a webinar from 3:30 PM-5:00 PM ET to discuss the increased trauma our children face related to the pandemic and the increase in school and community gun violence.

Speakers will include Catherine Gray (Anne Arundel County Mental Health Agency), Lt. Steven Thomas (Anne Arundel County International Critical Incident Stress Foundation) and Pamela Brown (Anne Arundel County Partnership for Children, Youth, and Families).

Participants will learn how to help children return to school using a trauma-informed approach.

Register for the Community Conversation: Back to School With Trauma in Mind

August Events

For Providers

8/18 [Webinar: Introductory/Refresher Motivational Interviewing](#)

8/24 [Webinar: Alcohol is Still a Drug: LGBTQ Substance Misuse](#)

8/25 [Webinar: Professional Liability Insurance: A Must for all Mental Health and Addiction Professionals in this Challenging Environment](#)

8/29 [Webinar: Historical & Intergenerational Trauma and Resiliency](#)

SAVE THE DATE! The Anne Arundel County Behavioral Health Provider Symposium will be held on 9/20. More details to come.

For the Community

8/2 [National Night Out 2022 \(Multiple Locations\)](#)

8/2 [Talk Saves Lives- An Introduction to Suicide Prevention \(Virtual Event\)](#)

8/13 [Breaking Free-Men of Color Healing Circle at Busch Annapolis Library](#)

8/24 [Yoga on the Lawn at the Glen Burnie Library](#)

8/27 [Wooten's Landing Wetland Park Free Paddle Play Day](#)

LBHA Event Calendar

On July 16th, 2022, **The National Suicide Prevention Lifeline** became **The National Suicide and Crisis Lifeline**.

Users can now call or text **988**
24 hours a day, 7 days a week



The Anne Arundel County Crisis Response Warmline is unchanged.

County residents can still call **410-768-5522**
24 hours a day, 7 days a week



If you need help with substance use, the Treatment Referral Line can be reached Monday-Friday 8:00 AM-5:00 PM at 410-222-0117

If you are in crisis and in need of immediate help, our Crisis Warmline is open 24/7 and can be reached at 410-768-5522.

Dial 2-1-1 then press 1 for 24/7 support from Maryland 211

Text "Home" to 741-741 for 24/7 support from the Crisis Text Line

The upcoming events are being shared with you for your interest only, it is not an endorsement of any kind by the LBHA.



Anne Arundel County Local Behavioral Health Authority | 1 Truman Parkway, Suite 101, Annapolis, MD 21401

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