

May 20, 2021

Dear Psychiatric Rehabilitation Program for Adults (PRP-A) Providers,

Based on the positive response to last year's foundational skills training series on the provision of psychiatric rehabilitation services, the Maryland Department of Health (MDH) Behavioral Health Administration (BHA), in conjunction with the University of Maryland Training Center, is offering the following training: "An Overview of the Principles and Domains of Psychiatric Rehabilitation, Recovery Oriented Services, and Shared Decision Making" and "Assessing Readiness for Psychiatric Rehabilitation." The content and training exercises are specifically designed for PRP-A Managers, Rehabilitation Specialists and Direct Service Staff who deliver PRP-A services within the Public Behavioral Health System (PBHS). Participants are encouraged to share any knowledge and skills gained through this training series with other agency colleagues who may have been unable to attend these sessions.

BHA is pleased to announce that Dr. Anne Sullivan-Soydan will facilitate this dynamic training series. Dr. Sullivan-Soydan is a full-time assistant professor at Sargent College of Health and Rehabilitation Sciences at Boston University, where she teaches courses in human development and disability, abnormal psychology, and counseling skills and provides academic advising to students in the Behavior and Health program in the Department of Occupational Therapy. For the last decade she has developed and taught both the online preparation courses and conference institutes nationally and internationally for the CPRP, the national certification of the Psychiatric Rehabilitation Association. A member of the PRA Academy of Psychiatric Rehabilitation and Recovery, she is also a member of the board of directors of the Massachusetts Psychiatric Rehabilitation Collaborative. As the co-chair of the Training and Education committee of the MassPRC, she is a leader in workforce development initiatives for providers and people with lived experience of psychiatric disability.

Dr. Sullivan-Soydan has spent much of the past 35 years developing and disseminating Supported Education initiatives for young adults with psychiatric disabilities as they return to college, as well topics in motivational interviewing, counseling skills, skills teaching, eating disorders, and most recently the impact of COVID-19 on the mental health of young adults. She is the author and editor of several publications, book chapters, an edited book on readiness assessment, and an edited textbook in supported education. A Mary Switzer fellowship recipient, she was awarded the LeRoy Spaniol Educator award by the Psychiatric Rehabilitation Association in 2015, and in 2018, the Whitney R. Powers Award for Teaching Excellence, given annually to recognize an outstanding teacher from the Sargent faculty.

1501 South Edgewood Street, Suite L • Baltimore, Maryland 21227

Training Center 410 646 7758 • Evidence-Based Practice Center 410 646 7758 • Systems Evaluation Center 410 646 1740
Training Center 410 646 7849 FAX • Evidence-Based Practice Center 410 646 5324 FAX • Systems Evaluation Center 410 646 5324

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The following trainings will be offered:

An Overview of the Principles and Domains of Psychiatric Rehabilitation and Recovery Oriented Services and Shared Decision Making - This training will review the principles and the seven domains of psychiatric rehabilitation (PsyR) and recovery for use in clinical and community settings. Didactic exercises and skill practice will be used to assist participants to experience and apply the PsyR approach to skills teaching for people using mental health/PsyR services.

Assessing Readiness for Psychiatric Rehabilitation - This training will review the theories and skills of assessing readiness to engage in psychiatric rehabilitation and recovery-oriented services in preferred clinical and community settings. Didactic content and exercises will be used to teach participants to orient and identify high priority settings for change, and then to assess individual readiness to engage in rehabilitation.

These interactive training sessions will require active participation from participants. **All trainings will be held 9-11 a.m. and 12:30-2:30 p.m. The cost of each training is \$25 per participant.**

Overview of Psychiatric Rehabilitation: PLEASE REGISTER FOR ONE DATE ONLY

Session 1: Tuesday, June 7, 2022, 9-11 a.m. and 12:30-2:30 p.m.

TO REGISTER PLEASE CLICK THIS LINK:

<https://www.edgereg.net/er/Registration/StepRegInfo.jsp?ActivityID=40579&StepNumber=1>

Session 2: Friday, June 10, 2022

TO REGISTER PLEASE CLICK THIS LINK:

<https://www.edgereg.net/er/Registration/StepRegInfo.jsp?ActivityID=40581&StepNumber=1>

Session 3: Tuesday, June 14, 2022

TO REGISTER PLEASE CLICK THIS LINK:

<https://www.edgereg.net/er/Registration/StepRegInfo.jsp?ActivityID=40583&StepNumber=1>

Assessing Readiness for Psychiatric Rehabilitation: PLEASE REGISTER FOR ONE DATE ONLY

Session 1: Tuesday, June 21, 2022: 9-11 a.m. and 12:30-2:30 p.m.

TO REGISTER PLEASE CLICK THIS LINK:

<https://www.edgereg.net/er/Registration/StepRegInfo.jsp?ActivityID=40585&StepNumber=1>

Session 2: Tuesday, June 28, 2022: 9-11 a.m. and 12:30-2:30 p.m.

TO REGISTER PLEASE CLICK THIS LINK:

<https://www.edgereg.net/er/Registration/StepRegInfo.jsp?ActivityID=40587&StepNumber=1>

Session 3: Thursday, June 30, 2022: 9-11 a.m. and 12:30-2:30 p.m.

TO REGISTER PLEASE CLICK THIS LINK:

<https://www.edgereg.net/er/Registration/StepRegInfo.jsp?ActivityID=40589&StepNumber=1>

Participants must attend the entire day, including both morning and afternoon sessions, in-order-to receive CEUs and COAs for the training series. Please note there is limited space for each of the training sessions.

If you have questions related to the content of this training, you may contact Priya Arokiaswamy at priya.arokiaswamy@maryland.gov or Mona Figueroa at mona.figueroa@maryland.gov. If you have registration questions, please contact the University of Maryland Training Center.

Sincerely,



Wendy L. Baysmore, Director, University of Maryland Training Center

cc: Priya Arokiaswamy
Mona Figueroa