

REGISTRATION

Wednesday, October 10, 2018
8:30 am - 5:00 pm

Space is limited. Please register early!

- \$95 General Registration Fee
- \$75 WRAP® Facilitator Fee
- My check or purchase order is enclosed
(Make check payable to On Our Own of Maryland, Inc.)

To pay by credit card please go to
<https://www.eventbrite.com/e/wrap-on-tickets-49110033432>
(link available on On Our Own of Maryland's Website)
(*Note: Extra fees apply)

(PLEASE TYPE OR PRINT CLEARLY)

Name _____

Organization _____

Address _____

City _____ Zip Code _____

Phone _____

E-mail _____

Special Needs _____

PLEASE INDICATE CEUs or COAs

- Continuing Education Units (social workers, CPRS, psychologists, alcohol/drug counselors)
- Certificate of Attendance (nurses and all others)

**Please mail or fax registration
by Thursday, September 19, 2018:**

WRAP® ON!

7310 Esquire Court, Box 14
Elkridge, MD 21075

Phone: 410-540-9020 • Fax: 410-540-9024

DIRECTIONS

MARTIN'S WEST
6817 Dogwood Road
Baltimore, MD 21244
Phone: (410) 265-1300



From North:

Take I-95 S • Use the right 2 lanes to take exit 64 for I-695 W toward Towson • Merge onto I-695 • Continue on I-695 W for approximately 17 miles • Take exit 18 for MD-26/Liberty Rd toward Lochearn/Randallstown • Continue straight onto Lord Baltimore Dr for approximately 2 miles (signs for MD-26 E/Lochearn) • Turn left onto Dogwood Road • Martin's West will be on your right.

From South:

Take I-95 N • Use the left lane to take exit 49B for I-695 W toward Towson • Merge onto I-695 • Continue on I-695 W for approximately 5 miles • Take exit 17 for Security Blvd toward Woodlawn • Continue straight on Security Blvd for approximately .3 miles • Turn right onto Belmont Avenue • Turn left onto Dogwood Road • Martin's West will be on your left.

From East:

Take US-301 S/US-50 W • Use the right 2 lanes to take exit 21 toward Baltimore • Continue onto I-97 N for approximately 17 miles • Keep right at the fork to stay on I-97 N, follow signs for I-695 W/Baltimore/Towson • Merge onto I-695 W • Follow I-695 W for approximately 10 miles • Take exit 17 for Security Blvd toward Woodlawn • Continue straight on Security Blvd for approximately .3 miles • Turn right onto Belmont Avenue • Turn left onto Dogwood Road • Martin's West will be on your left.

From West:

Take I-70 E • Take exit 94 to merge onto Security Blvd • Merge onto Security Blvd • Turn right onto Kernan Dr • Turn left onto Dogwood Rd • Martin's West will be on your left.

10 Years of WRAP® ON in Maryland

10-10-18

Wednesday, October 10, 2018
8:30 am - 5:00 pm

Guest Presenters

Matthew Federici,

Executive Director, Copeland Center

&

Maryland WRAP® Facilitators

Martin's West

6817 Dogwood Road
Baltimore, MD 21244



WRAP® Outreach Project

GENERAL INFORMATION

Ten years ago, with funding from the (then) Mental Hygiene Administration's Systems Transformation Grant, Wellness Recovery Action Plan - WRAP® was introduced to Maryland. The WRAP® On! event celebrates that milestone and seeks to educate more people about the usefulness of WRAP®.

WRAP® was developed by Mary Ellen Copeland, Ph.D. in 1997. The Copeland Center for Wellness and Recovery was contracted to train directors and peer specialists of On Our Own of Maryland's affiliated wellness and recovery centers in the evidence-based program of WRAP®. WRAP® has now been introduced to thousands of people across the state of Maryland.

WRAP® is a powerful self-care plan a person creates for themselves to help them attain and maintain wellness, however they define it. It is a self-management and recovery system originally developed by a group of people with mental health difficulties who were struggling to incorporate wellness tools and strategies into their lives. In addition, WRAP® is also being used for other issues ranging from substance use disorders to physical health challenges and relationship issues. WRAP® is a highly individualized process, which is one of the reasons for its success.

The WRAP® program is used world-wide, touching more than 1.5 million people in over 11 countries including the U.S., Ireland, Japan, Australia and Ghana. Dozens of studies have confirmed its effectiveness.

As an accredited academic institution, The University of Maryland School of Medicine's Training Center is an approved sponsor of the Maryland Board of Social Work Examiners for 6.25 Continuing Education Credits (Category 1) for licensed social workers in Maryland; as a sponsor of 6.25 Continuing Education (CE) acceptable to the Maryland Board of Examiners of Psychologists, and 6.25 Continuing Education Units (Category A) by the Board of Professional Counselors and Therapists, upon completion of the training and a completed evaluation. The Training Center maintains responsibility for this program. A Certificate of Attendance will be made available to all other disciplines.

KEYNOTE SPEAKER



MATTHEW FEDERICI

MATTHEW FEDERICI, is the Executive Director of the Copeland Center for Wellness & Recovery. He came to the Copeland Center in 2010 from the Institute for Recovery & Community Integration where he served as Program Director to create systems transformation through implementation of a certified peer specialist training program across Pennsylvania.

Matthew is an internationally recognized speaker, trainer and consultant on recovery, wellness, community inclusion and peer support. He serves on the board of directors for the International Association of Peer Support and the National Coalition for Mental Health Recovery. Matthew has provided keynote presentations, training programs and webinars on recovery, community inclusion and peer supports in over 45 different states in the US as well as in Japan, Ireland, Scotland, Canada, Hong Kong and the Netherlands.

Matthew is an Advanced Level Mental Health Recovery Educator and WRAP® Facilitator and is a Certified Psychiatric Rehabilitation Practitioner. He was awarded the Distinguished Advocate Award from the Pennsylvania Association of Psychosocial Rehabilitation Services in 2002 and Exemplary Practice Award in 2007 from the Mental Health Association of South-eastern PA Board of Directors. Matthew received his MS in Rehabilitation Counseling from Rutgers University.

AGENDA

8:30 am - 9:00 am

Breakfast and Registration

9:00 am - 9:15 am

Welcome and History of WRAP®

9:15 am - 9:30 am

The Support Document

9:30 am - 10:45 am

Rapid WRAP®

10:45 am - 11:00 am

Break

11:00 am - 12:30 pm

Keynote Presentation

12:30 pm - 1:45 pm

Awards Luncheon

1:45 pm - 2:45 pm

Values and Ethics of WRAP®

2:45 pm - 3:15 pm

Wellness Tool Spotlight: Laugh-a-Yoga

3:15 pm - 3:30 pm

Break

3:30 pm - 4:30 pm

WRAP® Stories: Hope and Possibilities

4:30 pm - 5:00 pm

Looking to the Future

Closing/CEUs

There are a limited number of scholarships available to attend the conference. Please visit the OOOMD website to see if you qualify and to complete the application.