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# **REGROUNDING Our Response: A Multi-disciplinary approach to understanding the overdose epidemic from the Maryland Department of Health**

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**Friday, April 3rd, 2020 9:00 AM-3:00 PM**

**At Arundel Lodge**

**2600 Solomon's Island Rd (Rt. 2), Edgewater, MD 21037**

**Seating is Limited to 30 Participants. COST: \$40.00**

**5 CEUS (See bottom of this sheet)**

**Light breakfast and lunch will be provided**

This workshop aims to raise awareness about public health concepts crucial to reducing stigma around substance use and addressing the opioid epidemic. Presenters will be covering:

- 1) **Stages of Change**-How intentional behavior change happens, how to support people through the process of change, and appropriate interventions for each stage of change.
- 2) **Adverse Childhood Experiences**-How toxic stress changes early brain development, the connection between substance use and trauma, protective factors, and building resilient, self-healing communities.
- 3) **Social Determinants of Health**-How to identify and understand their effect on individuals and the community, factors influencing change such as health equity and bias, and upstream and downstream approaches to the overdose crisis.
- 4) **Drug User Health Framework**-How stigma impacts health, key harm- reduction strategies, protective factors for infectious disease, and applying drug user health framework in your organization.

To Register: Please submit this form by March 23rd, 2020 to [DCurry@AAMentalHealth.org](mailto:DCurry@AAMentalHealth.org) or fax to 410-222-7881 and mail check payable to:  
Anne Arundel County Mental Health Agency (or AACMHA)  
1 Truman Parkway, Suite 101  
Annapolis, MD 21401

NAME \_\_\_\_\_ ORGANIZATION \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY/ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ Email \_\_\_\_\_ CEU (see below) or COA? \_\_\_\_\_

This training is sponsored by the Anne Arundel County Mental Health Agency

Questions? Call 410-222-7858 • Email: [dcurry@aamentalhealth.org](mailto:dcurry@aamentalhealth.org)

Anne Arundel County Mental Health Agency, Inc. (AACMHA) is an approved sponsor of the Maryland Board of Social Work Examiners for Continuing Education Credits for Licensed Social Workers in Maryland. AACMHA maintains responsibility for the program.