

Understanding and Treating Adopted Youth and their Families

**Presented by Penny Zimmerman, LCSW-C
of the Center for Adoption Support and Education**

Friday, January 25, 2019 9:00 AM-12:00 PM

At Arundel Lodge

2600 Solomon's Island Rd (Rt. 2), Edgewater, MD 21037

Seating is Limited to 30 Participants. COST \$50 (Check only)

3 CEUS

Light breakfast fare will be provided

This workshop will provide participants with an in-depth understanding of what children comprehend, think, and feel about adoption as they grow, from the pre-school years through adolescence. Common questions, fears, concerns, and challenges related to birth parents, self-esteem and identity, relationships with adoptive and extended family members and relationships with peers will be addressed. Ms. Zimmerman will explore the unique loss and grief experienced by adopted children, and discusses factors that influence children's reaction to loss. The discussion will include effective interventions for working with children with complex trauma and their families, and promoting attachment.

Penny Zimmerman, LCSW, LCSW-C, LISW-S, holds a Master of Social Work from the Ohio State University, and a Bachelor of Psychology from Ohio University. She has over 20 years of experience providing clinical and supportive services to children, adolescents, adults, and birth, foster, kinship, and adoptive families. Penny's clinical specialties include attachment, loss and grief, trauma/PTSD, the neurobiology of human development and trauma, and the therapeutic application of sensory techniques. She is a clinical supervisor and adoption-competent therapist for the Center for Adoption Support and Education (C.A.S.E.).

To Register: Please submit this form by January 18th to
DCurry@AAMentalHealth.org or fax to 410-222-7881 and mail check payable to:

Anne Arundel County Mental Health Agency

PO Box 6675, MS-3230

1 Truman Parkway, Suite 101

Annapolis, MD 21401

NAME _____ ORGANIZATION _____

ADDRESS _____ CITY/ZIP _____

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This training is sponsored by the Anne Arundel County Mental Health Agency

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