



## Anne Arundel County Mental Health Agency, Inc

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Adrienne Mickler, CPA, MS, Executive Director

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### Board of Directors Meeting Minutes

November 27, 2018

**Attendance:** Lynn Krause, Billie Penley, Kenneth Arbaugh, Pam Brown, Sara Burden, Phyllis Marshall, Michael Irwin, Kathy Miller, Livia Pazourek, Michele Staisloff, Frank Sullivan, Ryan Voegtlin, Louis Zagarino

**Excused:** George Arlotto, Michael Maher, Rosalie Mallonee, Janet Owens, Sheryl Sparer

**Staff:** Karen Ancarrow-Rice, Adrienne Mickler, Terry Luman

**Lynn Krause called the meeting to order at 4:10 p.m.**

**The next meeting will be held on Tuesday, December 18 at 4:00 pm**

**A motion was made to approve the minutes of the September 25 meeting. Minutes were approved.**

**The November 2019 BOD meeting will be held on November 19 instead of the fourth Tuesday of the month due to the Thanksgiving Holiday.**

**Topic: Committee Reports, Administrative – Scheduled for December 7, 2018**

**Topic: Committee Reports, Budget – Met**

**Budget:** Karen shared information regarding contracts stating that there were no substantive changes since the last meeting. Most of the underspending is due to late invoicing. We are basically on target with our spending, with the exception of our grants that provide Safe Stations and matrix services.

The biggest issue we are facing is identifying additional funds for Safe Stations. The DOH has been very supportive of the program and has assisted in several calls with BHA for additional funding. We have been told that our additional funding is included in the State's large SOR grant to SAMHSA - \$33m per year for two years. To date, none of this funding has been released by the Governor.

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Later in the fiscal year, we will be doing modifications to any line item allocations to bring them in line with the expenses.

Financial graphs and charts were reviewed and an explanation was provided regarding the distribution of funds. Fiscal staff is preparing for second quarter monitoring where we will be asked about spending patterns and potential budget modifications.

BHA really likes the way our TAY program is being run and has reached out to us to see whether we would be interested in being a demonstration jurisdiction for Healthy Transitions. They currently have Healthy Transitions in Howard and Charles County that will end this fiscal year. They have started writing the grant request and need to include two different communities. The grant would run from FY 2020 – FY 2025. The due date for BHA to submit the application to the feds is December 21st, so they have to move fast.

After a conference call with BHA to ask questions and get further details and clarification on the expectations and requirements of the grant, we agreed that Anne Arundel County would be a good fit for the grant and the CSA will participate.

Through the Hilton Foundation, we were awarded a \$600,000 grant over two years for the Mosaic Group to continue and expand work on SBIRT (Screening, Brief Intervention and Referral to Treatment).

The agency received an \$11,000 donation from the AACPD through the AAA bike club. This is targeted for customized goods and services for individuals identified through CRS and the CSA programs but are not able to be funded due to grant conditions and restrictions.

The annual independent A-133 audit is underway and most of the fieldwork has been completed. There has been a slight delay because we are working through a State audit by DSS for FY 17 & FY 18.

We are preparing for the second quarter monitoring with BHA. Funding to cover expenditures for Safe Stations will be discussed.

We haven't received letters from BHA for the FY 20 allocations, so a motion was needed from the Board to approve preparing the FY 20 budgets based on the current year's budgets as modified per actual spending.

We were verbally notified by BHA that there will be an across the board 1% administrative increase for salaries based on a 2% increase to State employees. This should be reflected in the award letter.

**Motion: A motion was made to prepare a budget consistent with the yearly allocation letter process when it has been received from the State Behavioral Health Administration and to modify those administrative line items that require adjustment based on current spending.**

**The motion was unanimously approved.**

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**Topic: Committee Reports, Contract – Did not meet**

**Topic: Committee Reports, Planning – Did not meet**

**Health Officer’s Report:**

Billie Penley distributed a detailed two-page chart on Opioid-Related Data in Anne Arundel County, showing a comparison between 2017 and 2018 to date of overdoses, fatal overdoses, and opioid related diagnoses, as well as Safe Station assessments. The numbers have increased in each category. Billie explained that the opioid related dashboard sheet is updated weekly.

Adrienne shared that many prison inmates continue to receive substance abuse treatment following their release which is imperative as this is a particularly vulnerable time and these individuals are at a high risk for OD. Ryan Voegtlin, Director of Student Services, discussed the “Handle with Care Program” and the increased level of training being provided to principals, teachers and counselors.

**Director’s Report:**

Adrienne announced receipt of the 2018 Achievement Award for Anne Arundel County Mental Health Agency’s Safe Stations Program from the National Association of Counties. There followed questions to Billie regarding the status of the expected Wellmobile. Billie explained the difficulties they are experiencing with staffing doctors and/or nurses for only a few days per week, operating only in certain communities, and operating until midnight.

Adrienne received an email from the outgoing County Executive introducing the new County Executive’s Chief of Staff, Jennifer Purcell. Adrienne reached out to Ms. Purcell and gave her a brief overview of our agency. A meeting will be scheduled in the first or second week of December with Ms. Purcell and several agencies. Jennifer Corbin has been invited to be a part of the Safe Communities transition team for the Safe Community. Unfortunately, no one from the CSA was selected to be a representative on the Healthy Community Transition team.

Contracts and compliance are meeting targets. Purchase of services, transportation and housing are our largest demands. Livia asked if there are plans to change the county and Annapolis area transportation system to help those who don’t own cars. Discussion followed. Adrienne offered to give Livia information on the Citizen Forum dates and times.

Adrienne reported that the Center for Children lost a 3<sup>rd</sup> Care Coordinator in October. Staffing is an ongoing challenge for all of the programs. Some children are being placed out of state as the necessary resources do not exist in Anne Arundel County.

In September and October Agency staff attended CRICT (Community Resource Initiative Care Team) meetings and met with 12 families and received no referrals.

Stephanie Trice participated in BHA’s Transition Age Youth (TAY) meeting in September. Agency staff also assisted in arranging for Maryland Coalition of Families (MCF) Taking Flight

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Program to present to the statewide group members to support them in reengaging youth across the state.

Staff attended the MABHA Child and Adolescent (C&A) subcommittee meeting in both September and October. In September, the Consumer Quality Team (CQT) was present for this meeting and discussed RTC youth interviews and how safety concerns should be reported to CSA's and LBHA's. BHA announced there will be a follow-up desk audit of CCO's for the 1915i State Plan Amendment (SPA). The SPA will be opened in the spring of 2019 for review.

Agency staff participated in the Residential Treatment Center (RTC) Coalition meeting. During the meeting, concerns came up again regarding youth who need to be placed out of state. We have heard during our C&A meetings that some youth being referred to in-state RTC's are being denied due to aggression leaving no other option but to seek placement elsewhere, typically out of state.

Agency staff attended the Youth Homelessness meeting on September 5, 2018. This committee began to discuss how we plan to perform the youth (homeless) count this year, which will likely take place in March 2019. Youth Homelessness is becoming an increasing area of concern for the county.

Staff attended the Mobile Response and Stabilization Services (MRSS) Collaborative on September 18, 2018. During this meeting, Grassroots in Howard County presented on their pilot with the Howard County Public Schools to provide crisis response services. In Anne Arundel County, the "Handle with Care" program was recently implemented. This is a program where if an AACPD officer responds to a home that has school age children, the child's school will be sent an email notifying them that a home response occurred. That way, if the child presents in school without homework, or some other action that might initiate a punitive response from the school, at least the school could consider the event in light of the circumstances.

Several staff attended Maryland's 30<sup>th</sup> Annual Suicide Prevention Conference on October 3, 2018. The keynote speaker was Chief Warrant Officer 4, Clifford W. Bauman, Army National Guard. His speech was called "A Story of Hope" and he spoke about being a survivor of a suicide attempt and realizing that he needed support and his journey in receiving treatment while serving on active duty in the military.

Many Agency staff attended Active Assailant Community Training by Cpl. Jim Shiloh of the Anne Arundel County Police Department on October 16, 2018. The training focused on how to handle an active assailant situation. The remaining agency staff is scheduled to be trained as well.

Stephanie Trice and Catherine Gray presented to 120 school social workers and school psychologists at the Board of Education on the Public Behavioral Health System. The school staff had great follow-up questions and we have started receiving telephone calls from them. Ryan Voegtlin attended and reported that the presentation went very well and many resources were shared.

Two staff participated in the Transition Age Youth (TAY) program this month at Arundel Lodge. This group brought in individuals in various professions that the TAY participants are interested in

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pursuing as careers. The TAY participants met with these professionals and talked to them about how they got into the field and the requirements. Taking Flight staff from Maryland Coalition of Families came and presented to the TAY participants as well to discuss the Taking Flight program and encourage participation.

The Agency completed the site visit with Substance Abuse and Mental Health Services Administration (SAMHSA) and SAMHSA will send a final report with feedback in 40 days, but they did provide a brief report on the final day to hear some initial feedback. They reported that our Crisis Response System is the best they have seen in the country. The reviewers felt Jen Corbin's outreach and public education work is "exceptional" and noted they have never used that high level of a compliment in any report, but it has been earned in this case. The reviewers were impressed with the Agency's low staff turnover, Universal Release, Flex Fund policy and use of funds and the wide array of services we offer the county. We will learn more about recommendations in the official report, but a few things mentioned were the need to increase youth and family involvement, making System of Care training more consistent across all child serving agencies by creating formalized processes, and to work on our Social Marketing plan to include more youth and family voices. Based on that suggestion, there might be some synergy between the RESPOND grant and the "Taking Flight" initiative which focuses on education, awareness and stigma reduction. The CSA will follow up on that.

The CSA also received an outcome study from the Institute for Innovation and Implementation for the RESPOND grant. The report represents a six-month follow-up for 18 families involved with the RESPOND project. The results of the SOC grant showed improvement from baseline in all categories of the Pediatric Symptom Checklist. Areas of concern remain in living arrangements and custody issues.

Ann Hoyt and Catherine Gray presented with Joan Smith from BHA on Resiliency to Christ Our Anchor Church's youth group on Sunday, November 18, 2018. Ann met with Joan on October 30th to prepare for the presentation. This was our first resilience training with youth.

The CSA, Arundel Lodge, and Maryland Coalition of Families (MCF) had a follow-up meeting to discuss the presentation and individuals in the Transition Age Youth (TAY) program who are interested in joining Taking Flight.

Agency staff attended the Youth Suicide Awareness Committee on Tuesday, October 9, 2018. Fred Delp from Anne Arundel County NAMI spoke to the committee about NAMI and the services it provides to individuals and families. He was also interviewed by Facebook page "Annapolis Moms" after the presentation. "Annapolis Moms" has a following of 10,000 and there is hope that the interview may encourage parents to become involved with the YSA and attend future presentations.

The Resiliency Committee met on September 17, 2018. During this meeting, University of Maryland MedProductions spoke about the funding they received from BHA to add to the MindResilience website ([www.mindresilience.org](http://www.mindresilience.org)). With these funds, they plan to do a mini documentary following youth and their families on the eastern shore to highlight their struggles and resilience in the rural areas of Maryland.

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Staff attended the Adult Coordinators Sub-Committee Meeting on September 27, 2018. Beacon Health Options Clinical Director, Joana Joasil participated in the meeting to allow for questions regarding the ASO.

Kate Callahan, Adult Aftercare Specialist, received the Bo DePaola Award for Excellence in the Mental Health Community at the NAMI gala held on October 6, 2016. Leslie Hodges of CRS also received an award from NAMI at the gala. After receiving the award, Kate was approached by the father of a consumer she helped who thanked our organization for all of our hard work.

October 20, 2018 was Disability Awareness Day and AACMHA participates every year. This year Crisis Response also attended. We are very proud of Adrienne Mickler who was nominated and was the 2018 Honoree at Disability Awareness Day.

October 27, 2018 was Homeless Resource Day. As the Mental Health Chair, we have recruited New Life Addictions Center, Arundel Lodge, Vesta, On Our Own, PDG, Community Residences and Crisis to have tables in the Behavioral Health area. To facilitate a smooth transition, Kelly Moshogianis is being trained as she will be taking over for Kate Callahan next year.

Kelly Moshogianis attended the Interfaith Domestic Violence Conference at the Judicial College Education and Conference Center. At the conference, multiple resources were given as well as information on various new legislation that affects those who work with victims of domestic violence.

Ann Hoyt and Pam Smelser attended the annual Fire and Environmental Safety training at BHA on September 11, 2018.

On October 4, 2018, Catherine Gray participated in a community meeting regarding an incident in a Vesta RRP home. About 15 neighbors attended the meeting. The RRP home has been in that location for five years and the neighbors were not aware this was a home in which services to persons with mental illness are provided. They had not had any issues with the home prior to this incident. The Vesta staff agreed to have better communication with the neighbors. The CSA provided community education about mental health. The neighbors were satisfied with Vesta's plan moving forward.

Ann Hoyt hosted the quarterly RRP meeting on October 11, 2018 with Anne Arundel County RRP providers and state hospital representatives on the status of RRP in the county and state. They were asked to consider participating in a free training called "Engage" through Mental Health Association of Maryland. This training would help staff working with older adults who have mental health diagnoses. The CSA is planning to schedule this training in November 2018.

Segue One staff has been working with social workers and treatment teams at Spring Grove Hospital Center, Finan Center, and the Eastern Shore Hospital over the past few months. They have been identifying patients at these three hospitals ready to move into Segue II in the coming months. Segue is hiring staff, getting the building (on the grounds of Springfield Hospital Center) ready for inspection/occupancy and making a list of patients ready for community placement.

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The Five County Program charts were reviewed. Overall, the five-county project continues to run well as programs are on target to meet their annual usage goals. PG County's IHIP- C team is one exception as it continues to underutilize slots despite efforts to increase usage. However, they are working with two individuals and have four pending referrals. In the interim, other counties are utilizing the capacity so the slots are not vacant.

The Crisis Program is still without clarity on how they will operate under COMAR 1063. BHA continues to provide assurance that the program will continue to operate as they determine next steps.

The Planning Committee met on September 27. The proposed goals for the FY 2020 Plan were sent to the Board last week for review. The staff also received the Plan instructions and a culturally and linguistically competent plan from BHA, which are to be used for the CSA's Annual Plan. The CSA staff reviewed the goals that were written based on the recommendations of the Planning Committee. The Planning Committee Chair, Pam Brown, reviewed them for the staff and made slight modifications. The final draft is what the Board has for motion and approval.

**Motion: A motion was made to approve the goals as submitted.**

**The goals were unanimously approved.**

The 2018 Annual Report and 2020 Annual Plan are in the final stages of editing. Once the Data Section is complete, the entire Report and Plan will be sent to the Board for review and approval so that it can be submitted to the State.

AA county has developed a unique model of integration which has been approved by the State and is included in the State presentation as acceptable models. Adrienne shared that she would like to discuss the model of integration with the new County Executive, Mr. Pittman as soon as possible. A description of the plan was reviewed by the board members. This integration plan model was reviewed by Tom Godwin of the University of Maryland and Sandy O'Neil of the Department of Health. All parties are in agreement that the Model is sound and is the best way to serve the citizens of Anne Arundel County.

Lou Zagarino shared the plan of University of Maryland Baltimore Washington Medical Center to open 24 beds for mental health patients that are being specially fitted to ensure the patient's privacy as well as their protection. Lou invited all board members to tour the facility.

The meeting adjourned at 6 pm.

Respectfully submitted,

Terry Luman

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