



Co-Occurring Disorders: Self-care: the impact of treating Co-occurring disorders during a pandemic

July 30th, 2021 | Virtual

DETAILS & LOGISTICS:

Dates: July 30th, 2021

Time: 9:00am—12:00pm EDT

Where: Virtual

Cost: Free

Contact Hours: 2.5 NAADAC

[REGISTER HERE](#)

WHO SHOULD ATTEND:

All persons who interact with patients, which may include intake staff, reception area personnel, drivers, maintenance staff, as well as professional staff.

PRESENTERS:

**Anthony Estreet, PhD,
LCSW-C, LCADC,**

Executive Director, Next Step Treatment Center.

Anthony is an experienced

client-centered therapist coupled with strengths in developing and delivering effective training.



COURSE DESCRIPTION:

The goal of this project is to provide a standardized set of trainings and supervisory supports to service providing organizations that will: 1. improve outcomes for patients who have co-occurring disorders, 2. Improve organizational outcomes, staff morale, and organizational efficiencies.

LEARNING OBJECTIVES:

- Describe the vital importance of self-care of behavioral health professionals.
- Explore strategies to prioritize self-care especially during a pandemic.
- Understand how self care mitigates the inevitable impact of providing co-occurring disorder treatment.