



# Anne Arundel County Mental Health Agency, Inc

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## Board of Directors Meeting Minutes

December 18, 2018

**Attendance:** Lynn Krause, Billie Penley, Kenneth Arbaugh, Michael Maher, Pam Brown, Frank Sullivan, Ryan Voegtlin, Louis Zagarino

**Excused:** George Arlotto, Sara Burden, Michael Irwin, Rosalie Mallonee, Phyllis Marshall, Kathy Miller, Janet Owens, Livia Pazourek, Sheryl Sparer, Michele Staisloff

**Staff:** Catherine Gray, Adrienne Mickler, Terry Luman

Fred Delp, Executive Director of NAMI of Anne Arundel County, requested to attend the first part of the meeting to present two checks to the Agency from NAMI. The checks were awarded in honor of Kate Callahan and Leslie Hodges as key individuals who have helped many people and done much for the people of Anne Arundel County. The awards were presented at the 2018 NAMI Gala. Lynn Krause accepted the checks on behalf of the Agency and thanked Fred for the donation after which Fred left the meeting.

**Lynn Krause called the meeting to order at 4:15 p.m.**

**The next meeting will be held on Tuesday, January 22 at 4:00 pm**

**As there was not a quorum, the minutes of the November 27 could not be approved. An email ballot will be sent to all Board Members to approve the minutes as emailed to them last week.**

**Topic: Committee Reports, Administrative – Met**

**Motion: To approve a mid-year FY19 403(b) contribution as follows: The Agency will contribute 10% of salary earned for all eligible employees of record as of December 31, 2018 based on earnings July 1, 2018 through December 31, 2018. As there was no quorum, an email ballot will be sent to all Board Members for approval.**

**Topic: Committee Reports, Budget – Did not meet**

**Budget:** Adrienne reviewed the financial graphs and charts showing year to date budget and expenses. She explained that many invoices have not yet been received. The RESPOND surplus funds are anticipated and a request will be sent to SAMHSA for a no cost extension to complete the project. Safe Stations over-expenditures are

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mainly due to flex funds expended. Adrienne shared that she spoke with Dr. Bazron who stated that Dr. Bazron wants the Safe Station Program to continue and Dr. Bazron authorized the use of 100K in rollover funds to be used until there is further information via the SORR Grant. Though it is an expensive program, it enjoys a 67% success rate of individuals completing treatment.

Catherine Gray researched the flex dollars used for recovery housing, which is a non-therapeutic sober living program. The cost was over \$250,000 for 800 people. It is forecast that expenses will double those of last year in 2019. The services we provide are not billable through insurance, but there are other entities like MRN which can pick up some of these costs. Jen Corbin continues to give presentations throughout the State regarding the work we do and our success rate. Lynn shared with the Board the news that Steve Schuh was appointed to head the State's Opioid Operation Command Center, which will hopefully benefit the Agency as Mr. Schuh is in favor of continuing the Safe Station Program.

The Exception Reports primarily reflect the expenses of the Safe Stations Program. One vehicle was added at the end of last fiscal year which increased the vehicle maintenance expense.

Adrienne discussed the DSS Audit letter which states they had made an overpayment to the Agency for FY 2017 and FY 2018. Adrienne explained that the last payment for FY17 was made on June 22 and did not reflect the vendors expenses through June 30, which was properly reported on both the vendor and Agency DHMH 440 year-end report.

**Topic: Committee Reports, Contract – To be scheduled in February**

**Topic: Committee Reports, Planning – Did not meet**

#### **Health Officer's Report:**

Billie Penley provided a document containing year-to-date graphs and charts of opioid related data for Anne Arundel County, including the City of Annapolis. Fentanyl remains the highest substance involved in fatal overdoses in 2018. Discussion followed.

#### **Director's Report:**

There were two announcements: Steve Schuh has been named by Governor Hogan as head of Maryland's Opioid Operational Command Center, which information was shared earlier by Lynn Krause; and The Longest Night: A Homeless Memorial Service scheduled for December 21 from 4:30-5:30 pm. Attachments were provided for both announcements.

Adrienne shared that we requested additional funds from the State just prior to Thanksgiving, but the funds have not been released. We expect the funds will be released soon. Rollover funds have been provided in the interim.

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One complaint in the month of November was forwarded to us from the Behavioral Health Administration and was satisfactorily resolved.

The Board Members were asked about two BOD Meetings scheduled in 2019 on a Tuesday following a holiday, one in January and one in May. The members decided to keep the scheduled dates of January 22, 2019 and May 28, 2019.

Adrienne shared information on new hires, resignations, and status changes in November 2018.

Kindness Grows Here, Inc., a nonprofit that was started by a local Crofton mom selected 7 year old Penelope and her mother's "Hope Hunters" project to further spread kindness throughout the community. When asked how she will spread kindness and who will benefit from their project, their response was the Anne Arundel County Crisis Response System, specifically the Safe Station personnel. Penelope's cousin, Hunter, died from an opioid overdose while he lived in Florida. Penelope knows that many first responders like Anne Arundel County CRS helped him. The Safe Station Program was selected because "it is an innovative new program that shifts barriers to treatment for those members of our community who are eager to recover from drug addiction." The information about Hope Hunters may soon be published in the Capital Gazette.

Network of Care usage for Veterans and Behavioral Health sites are down from the same period last year. CSA staff continue to market the Network of Care whenever possible and discuss it with all providers as they begin to provide services. Trilogy plans to convert all of their websites to the newly upgraded, redesigned "Network of Care 3.0" platform in January 2019. They stated that about 25-30 percent of visits are made on mobile devices; thus, the reason for an upgraded site with responsive design. Trilogy believes that, given enough time, traffic numbers will increase again post-upgrade.

The FY 2020 award letter has not yet been received from BHA. The finance staff will be creating a FY20 budget based on FY19 figures in order to prepare for submission. The budgets are due to the State two weeks before the plan which is due January 24, 2019, making the document deadline due to the State January 19, 2019. If we do not receive the award letter, we will have to ask for an extension for the budget submission.

BHA is questioning the calculation for rent for the small space the CSA is trying to obtain from Annapolis Realty for the individuals the CSA hired in support of a State-wide initiative for older adults. Lynn Krause has contacted Annapolis Realty regarding this issue and will keep the Agency informed of the outcome.

The independent audit is still being performed. Typically the final report is available by the end of February. A review of contracts and compliance shows that conditions of the awards have been met in all contracts. Although there are no issues, the Care Coordination Organization contract will be rebid in the spring as required by the State.

Three of our staff members attended the Vesta Annual Staff and Stakeholder Banquet. All three staff members and the Agency won consumer choice awards.

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The Agency has been approached by BHA to partner with them on a SAMHSA Healthy Transitions Grant running FY20-FY25. This grant's target population is individuals age 16-25 and would allow for expansion of the current TAY program at Arundel Lodge.

Agency staff attended the Youth Suicide Awareness Leadership Committee on November 1, 2018. The Leadership Committee met to discuss topics for the upcoming YSA community presentations and to receive updates on the new YSA website, which has been created and is being reviewed by the committee before going live to the public. The Board is invited to view the website and submit comments to the CSA staff. The web address is: <https://www.ysa-aac.com/>

The RESPOND Grant is doing well. The Social Marketing Committee sent out flyers to organizations and the school system to recruit youth and family to participate. We have begun to receive email from interested individuals. Staff attended the Resilience Committee Meeting on November 19, 2018. University of Maryland MedProductions completed their shadowing of a family from Easton MD. The video will be edited and placed on the Mind Resilience website in 2019 showing resilience in rural families.

The Adult Services PATH/SOAR audit went well. Lynn asked about a new hire to replace Kate Callahan as she will retire in January. A candidate has been offered the position and will start on December 28. There will be some overlap for training purposes.

The CSA continues to support Beacon Health Option to complete authorization for three service types: Supported Employment, Residential Crisis Bed Extensions and Residential Rehabilitation Transition visits. The CSA is required to complete authorizations within 72 hours. The CSA continues to approve uninsured requests for both Case Management and Medication Assisted Treatment. The authorizations allow individuals meeting certain criteria to access services in the PBHS who would otherwise not be able to access services.

Catherine and Petula attended the state-wide PASRR and other Adult Behavioral Health training. BHA is encouraging State Hospitals and providers to use the Older Adult Behavioral Health Specialists to assist with problem solving and placement issues.

Terry Kokolis, the Superintendent of the Anne Arundel County Detention Centers, applied to the Governor's Office on Crime Control and Prevention for an additional Jail Diversion worker on behalf of the Agency. The grant was awarded to the Anne Arundel Detention Center and will expand the current Jail Diversion program to two workers.

The housing programs are full. The ACDS Program Monitor for the CSA housing programs was very complimentary with the way in which the CSA performs in each of the grants and she noted that the CSA's staff performance is a model for other grantees.

The CSA has not processed any ID or birth certificate requests for Anne Arundel County for the month of November. The close partnerships we have with the Department of Social Services and the Department of Health have expedited the process for getting individuals the identification needed in order to apply for Medical Assistance and other benefits so that they can be successful

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living in the community. We are assisting Prince George's and other counties routinely to replicate our system and continue to process homeless ID applications for those jurisdictions.

CHES was notified on November 30, 2018 that funding would be issued for an extension of the grant.

During the month of November 2018 there were four patients discharged from Springfield Hospital and admitted to Segue. During the month of November, four members were discharged from Segue I and two members accepted to Humanim Services in Howard County – one member to Way Station in Howard County and one moved to Segue II.

Due to the early Board of Directors Meeting in December, the November SBIRT data is unavailable, but all projects are progressing as expected.

The Five County Project continues to run well as programs are on target to meet their annual usage goals. Prince George's County's IHIP-C Team was one exception. However, they are slowly increasing their census and working three additional referrals. Beacon is taking longer than usual to authorize referrals for IHIP-C which is impacting the length of time services are taking to get initiated at Villa. The Crisis Program is still without clarity on how they will continue to operate under COMAR 10.63, but BHA continues to provide assurance that the program will continue to operate as they work on a new Condition of Award.

This fiscal year training topics have included Youth Mental Health First Aid, Adult Mental Health First Aid, Ethics, and Co-Occurring Disorders/ASAM. The Co-Occurring Disorders/ASAM trainings, which were co-sponsored by the Anne Arundel County Department of Health were broken into two groups – Clinicians and Clinical Supervisors – and were taught by world renowned speaker, Dr. Mee-Lee.

Sandy O'Neil and Adrienne participated in another learning collaborative effort regarding change management. It was provided by BHA to help local leaders navigate all of the changes in the delivery of healthcare. There will be a second phase of the training in January. Adrienne has been trying to coordinate a meeting with the new County Executive to explain how some of these changes are being implemented in Anne Arundel County and provide information about the CSA.

The plan is in the final stage of edits and will be sent to the Board very soon for review and final approval. The FY2020 goals were approved at the November Board Meeting. The final document is due to the State on January 24, 2019.

Frank gave an update of national meetings he has attended, stating that other states are not doing well at all. Our programs which work well are unknown in other states where mental health patients are put in jail as there are no other facilities or programs set up to care for them. Maryland receives consistently high ratings for our work in the mental health field.

Meeting adjourned @ 5:30pm

Respectfully submitted.

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