



Overview of Person-Centered Approach Intro to Co-Occurring: Level 2

May 9 and May 17, 2019—Millersville, MD

WHO SHOULD ATTEND?

This training is a higher level training designed for professionals that provide assessment and treatment for individuals with co-occurring disorders. Persons who already completed Level 1 and interact with individuals with co-occurring disorders in a therapeutic way would also benefit from this training.

DETAILS & LOGISTICS

Date & Time:

May 9 8:30 AM—12:30 PM

May 9 1:00 PM—5:00 PM

May 17 8:30 AM—12:30 PM

May 17 1:00 PM—5:00 PM

Where: Thrive Behavioral Health
1114 Benfield Boulevard Suite G
Millersville, MD 21108

Cost: FREE

Contact Hours: 3.75 NAADAC per session

Lunch: *provided*

FACULTY:

**Anthony Estreet PhD,
LCSW-C, LCADC,**

Executive Director, Next Step Treatment Center. Anthony is an experienced client



centered therapist coupled with strengths in developing and delivering effective training.

COURSES & OBJECTIVES:

May 9 AM: Motivational Interviewing Level 2

- Understand the fundamental spirit and principles of MI
- Strengthen empathic counseling skills (OARS) Understand and practice the directive aspects of MI
- Experience and practice an MI style for meeting resistance
- Learn the fundamental client language cues (change talk and resistance), that allow continued feedback and learning in practice

May 9 PM: Enhanced Screening & Assessments

- Identify SBIRT as a system change initiative
- Compare and contrast the current system with SBIRT
- Introduce the public health approach
- Discuss the need to change how we think about substance use behaviors, problems, and interventions
- Understand the information screening does and does not provide
- Define brief intervention/brief negotiated interview
- Describe the goals of conducting a BI/BNi
- Understand the counselor's role in providing BI/BNi
- Develop knowledge of Motivational Interviewing
- Describe referral to treatment

Continued on next page

Registration questions: training@danyainstitute.org or 240-645-1145

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COURSES & OBJECTIVES cont:

May 17 AM: Person-Centered Treatment Planning

- Understand the principles of PCCP (Person Centered (Treatment) Care Planning)
- Understand PCCP as a hierarchical model that builds from Requests for Services to Outcomes
- Increase engagement skills
- Recognize the value of shared decision making with person served when creating a treatment plan
- Improve ability to incorporate clinical impressions in the interpretive summary
- Increase skills in identifying and representing a person's strengths on the treatment plan
- Learn how to write objectives that are tied to outcomes.

May 17 PM: Co-Occurring Models and Integrated BH Care Ethics

- Identify basic prevalence data related to co-occurring substance use disorders and describe how it differs from general population data for each disorder
- Discuss approaches for the assessment of co-occurring substance use and mental health disorders
- Discuss effective strategies for treating individuals for co-occurring substance use and mental health disorders

- Distinguish between professional ethics, standards of care, and the law
- Explain how violations of laws, ethical codes, and standards of care can lead to disciplinary actions, malpractice claims, and even criminal charges
- Identify at least three steps that can be taken to effectively manage risks related to client confidentiality and privacy.

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