



The
Family
Tree



FREE PARENTING PROGRAM

for parents with kids age 0-5

Offered by the Brooklyn Park Community of Hope

Get the Advice & Support You Need Today!

Circle of Security is an 8-week relationship-based program designed to enhance attachment security between parents and their children. We offer key principles for ensuring safety and healthy bonding with your child in an easy and supportive way.

Topics Include:

- *Building a healthy relationship with your child*
- *What to do when your child's behavior frustrates you*
- *Exploring your child's need for security*
- *Identifying shifts in your child's attention and emotions*
- *Creating a network of support*

Mondays: August 12 – September 30, 2019

10A.M. -12 P.M.

Brooklyn Park Library

1 East 11th Avenue, Baltimore MD 21225



To learn more or register, contact

800.243.7337

or email us at programs@familytreemd.org

Raising families up.

24-hour Parenting Helpline: 1.800.243.7337



2108 North Charles Street
Baltimore, MD 21218
410.889.2300
familytreemd.org