



INTRODUCTION TO ADOLESCENT COMMUNITY REINFORCEMENT APPROACH (ACRA)

***** Adaptable for online implementation *****

DATES: December 9 & 10, 2020 (you must attend both sessions)

TIME: 9:00 a.m. – 12:00 p.m. both days

LOCATION: Virtual workshop delivered via Zoom

The **Adolescent Community Reinforcement Approach (A-CRA)** is an evidence-based and developmentally-appropriate behavioral treatment for youth and young adults age 12 to 24 years old with substance use related concerns. The Community Reinforcement Approach is a well-established approach to treatment that includes aspects of Motivational Interviewing, Motivational Enhancement Therapy, and Cognitive Behavioral Therapy. The A-CRA material and the training has broad applicability to the treatment of SUDs for all ages and is not limited to youth. This treatment seeks to decrease substance use while increasing family, social, and educational/vocational reinforcers to support recovery. Participants must agree to respond to occasional, brief (< 5 min) email surveys about their use of A-CRA.

A-CRA training content this workshop includes:

- Functional Analysis of Substance Use Behavior
- The Happiness Scale and the Goals of Counseling
- Relapse Prevention Skills
- Communication Skills
- Problem-Solving Skills Training
- ...*And more!*

We Provide FREE to Each Participant:

- Newly revised A-CRA training manual
- CEUs for completion of entire training (partial credits will not be awarded)

For CEU purposes, participants will be required to sign in and out of each session and participants must remain interactive through video camera or typed responses throughout the training.

Register HERE

Or type the following into your internet browser:

https://umbpsychiatry.az1.qualtrics.com/jfe/form/SV_3KwswKg9wYNRLYV

For more information on A-CRA trainings available through the NCSMH, please contact:

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