



# Mental Health First Aid 8-hour Training Course

Friday, June 14, 2019 - 9:00 a.m. to 5:00 p.m.

Arundel Lodge, Inc. (a Non-smoking Campus)  
2600 Solomons Island Road (Route 2), Edgewater, Maryland 21037

**Trainers:** Pamela L. Smelser, LCSW-C  
Cpl. Tania Hernandez-Walter, Anne Arundel County Police Dept.

**Cost:** \$30.00 (includes materials, breakfast and lunch)- Check or Cash  
**SEATING IS LIMITED to 25 participants. FIRST COME, FIRST SERVED.**

Maryland Board of Social Work – 7 CEUs

Anne Arundel County Mental Health Agency, Inc. (AACMHA) is an approved sponsor of the Maryland Board of Social Work Examiners for Continuing Education Credits for Licensed Social Workers in Maryland. AACMHA maintains responsibility for the program.

To register, please send this as an attachment to [dcurry@aamentalhealth.org](mailto:dcurry@aamentalhealth.org) or fax to (410) 222-7881. If you do not have access to email, call (410) 222-7858 then mail this completed form, along with your payment check to:

Anne Arundel County Mental Health Agency  
ATTN: Training Coordinator  
POB 6675, MS3230  
1 Truman Pkwy, Suite 101  
Annapolis, MD 21401

**Indicate the kind of attendance verification desired:**

\_\_\_\_\_ Continuing Education Units (CEUs)  
\_\_\_\_\_ Certificate of Attendance (COA)

**PAYMENTS MUST BE RECEIVED BY JUNE 7, 2019 IN ORDER TO GUARANTEE YOUR SEAT. IF PAYMENT IS NOT RECEIVED BY JUNE 7, WE WILL USE THE WAIT LIST TO FILL YOUR SEAT.**

Name \_\_\_\_\_

Phone number, if any \_\_\_\_\_

E-mail address, if any \_\_\_\_\_

Occupation and employer name, if any \_\_\_\_\_

Brief description of why you're enrolling in the course: (examples: help family member or loved one, better serve clients/public with mental health issues, seeking general mental health information) \_\_\_\_\_



*ALGEE, the Mental Health First Aid Action Plan*

- Assess for risk of suicide or harm*
- Listen nonjudgmentally*
- Give reassurance and information*
- Encourage appropriate professional help*
- Encourage self-help and other support strategies*

Questions? Contact [dcurry@aamentalhealth.org](mailto:dcurry@aamentalhealth.org) or call 410-222-7858.

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health, and the Missouri Department of Mental Health.