



Mental Health First Aid 8-hour Training Course

Friday, December 14, 2018 - 8:30 a.m. to 4:30 p.m.

Arundel Lodge, Inc.
2600 Solomons Island Road (Route 2), Edgewater, Maryland 21037

Trainers: Pamela L. Smelser, LCSW-C
Cpl. Tania Hernandez-Walter, Anne Arundel County Police Dept.

Cost: \$30.00 (includes materials, breakfast and lunch)- Check or Cash
SEATING IS LIMITED to 20 participants. FIRST COME, FIRST SERVED.

Maryland Board of Social Work – 7 CEUs

Anne Arundel County Mental Health Agency, Inc. (AACMHA) is an approved sponsor of the Maryland Board of Social Work Examiners for Continuing Education Credits for Licensed Social Workers in Maryland. AACMHA maintains responsibility for the program.

To register, please send this as an attachment to dcurry@aamentalhealth.org or fax to (410) 222-7881. If you do not have access to email, call (410) 222-7858 or mail this completed form, along with your payment check to:

Anne Arundel County Mental Health Agency
ATTN: Training Coordinator
POB 6675, MS3230
1 Truman Pkwy, Suite 101
Annapolis, MD 21401

Indicate the kind of attendance verification desired:

_____ Social Workers, Licensed Professional Counselors

_____ Certificate of Attendance (all other disciplines)

PAYMENTS MUST BE RECEIVED BY DECEMBER 7, 2018 IN ORDER TO GUARANTEE YOUR SEAT. IF PAYMENT IS NOT RECEIVED BY DECEMBER 7, WE WILL USE THE WAIT LIST TO FILL YOUR SEAT.

Name _____

Phone number, if any _____

E-mail address, if any _____

Occupation and employer name, if any _____

Brief description of why you're enrolling in the course: (examples: help family member or loved one, better serve clients/public with mental health issues, seeking general mental health information) _____



ALGEE, the Mental Health First Aid Action Plan

- Assess for risk of suicide or harm*
- Listen nonjudgmentally*
- Give reassurance and information*
- Encourage appropriate professional help*
- Encourage self-help and other support strategies*

Questions? Contact dcurry@aamentalhealth.org or call 410-222-7858.

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health, and the Missouri Department of Mental Health.